

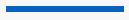
Frost Center Colloquia

October 5, 2023

Daryl Van Tongeren

Director, Frost Center for Social Science Research

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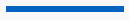


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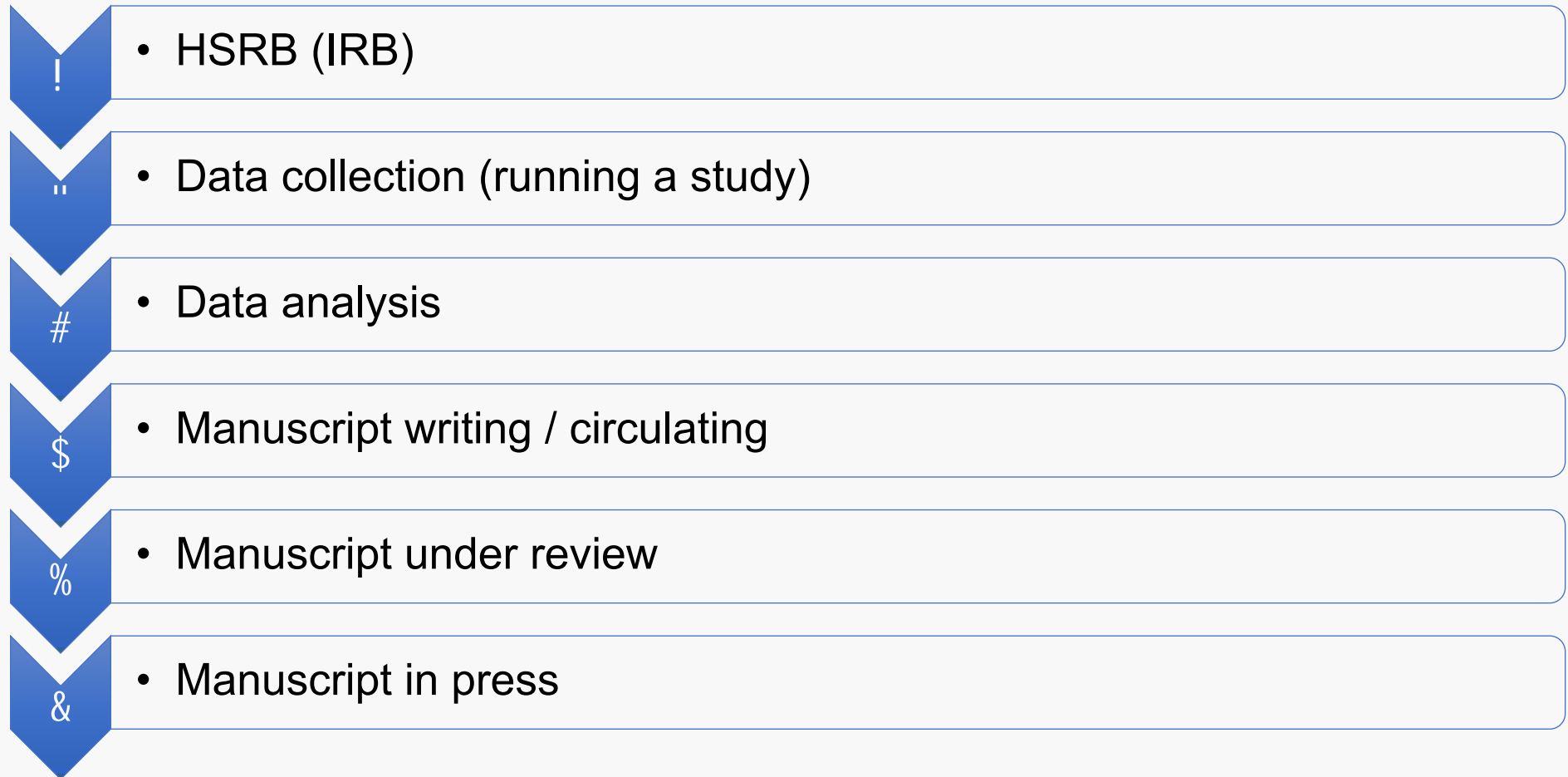
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Start small but consistent

Always do something to move our research forward during this time

Protect this time

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Make changes directly to paper (NOT COMMENTS, except for analyses)

Move the paper along quickly (48-72 hours) or the will be skipped and circled back

CC the entire team as papers move forward so the rest of the team can see the progress

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T ab d a **every stage of the**
research process

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- Nyenhuis grants in the summer (many kinds; annual; summer support)
- Frost Center Fellowships (annual; year-long fellowship)
- Towsley Research Scholar Fellowship (third-year; four-year fellowship)
- Departmental support

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- OSRP is terrific
- Next month (November) we'll host a grant-writing discussion / workshop
- Start small and then build up

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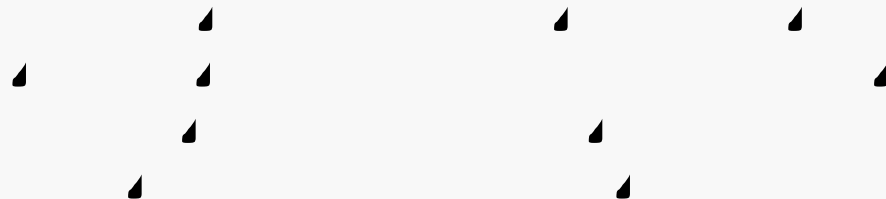
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Start (and regularly refer to) a document with our

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Make them **SMART**: Specific, Measureable, Attainable, Realistic, and based on a Timeline

Break them into smaller sub-



- Fear, perfectionism, and procrastination are three of the biggest three to productivity
 - **Fear** that you will be rejected (newsflash: you will) or be thought stupid (reviewers are USUALLY constructive) or aren't good enough (you have something important to say)
 - **Perfectionism** keeps us from sending things out (submitted is better than unpublished)
 - **Procrastination** stall us out indefinitely and can be dealt with by scheduling and holding your self accountable
- Do it, even when you don't want to (in the moment)
- Swing for the fences...you can always work your way down the publication or grants ladder
- We learn from rejection, and we usually get better

H ca a ?

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