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Summary

In mid-July, an experienced American mountaineer, athlete, and physician, Andy Zimet, was found [dead](#) alone on Lenin Peak (23,406 feet above sea level) in the Pamir Mountains of Kyrgyzstan. With no discernable trauma or evidence of foul play, authorities believe he died of altitude sickness.

"High altitude" generally describes locations 8,000 feet above sea level and higher; however, altitude sickness can impact anyone traveling from one altitude to a notably higher one. Awareness is necessary

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